



THE “BEST” INFORMER



THURSDAY, JANUARY 8, 2026

TODAY IS DAY 1

****Please note: All new and changed items are in red****

2026
Happy New Year!

GENERAL ANNOUNCEMENTS

DRESS YOUR BEST TOMORROW

Tomorrow is the first ‘Dress your Best’ of 2026!
Rep your school or team swag or dress in school colours tomorrow.

GOT AN IMMUNIZATION QUESTION FOR A HEALTH NURSE?

As we approach our first day of immunizations on Wednesday, January 14th, we will have a Fraser Health nurse set up in front of the main office tomorrow **Friday, January 9th from 11:00am-12:00pm** to answer any questions regarding immunizations. Parents are welcome as well to stop in to ask questions.

UPCOMING IMMUNIZATION DATES

Immunizations will take place on **Jan.14th, Feb. 3rd, Feb. 23rd, & April 21st.**

While the focus of these immunizations is Gr. 9's, these dates are also for any other grades in which students are not up to date with their vaccinations.

If you are unsure whether you are up to date, please contact Fraser Health.

IMMUNIZATION FORM RETURNS

Grade 9's, if you haven't already done so, please return your immunization form to the office as soon as possible whatever your immunization intentions are.

Fraser Health appreciates the information ahead of the first immunization clinic on **Wednesday, January 14th.**

CUPCAKE SALE

There will be a cupcake sale in the front lobby on **Wednesday, January 14th** in blocks 2, 3 & 4.
Price is \$2.00 each (cash only) and proceeds are going to buy warm socks for the homeless.

Thanks for your support!

LOST AND FOUND

Please check out the lost and found bin in the main hallway **BEFORE Friday, January 16th.**
After then, unclaimed items will be donated to a needy cause.

SEMESTER II COURSE CHANGES

With semester II starting on January 27th, we want to make the transition as smooth as possible. As classes are very full and it will be a busy January start up for counsellors doing programming at the middle schools, we are going to ask students to see their counsellors only on the following dates for course changes:

Grade 12- January 16th

Grade 11- January 22nd

Grade 10-January 19th

Grade 9- January 20th

There will not be any schedule changes after January 22nd. Thank you!

LOCKER CHECK

If you didn't already check before the winter break, please check and dispose of old food and drinks in your locker thank you!

CLUB/TEAM PHOTOS

Clubs and Fall/Winter team photos have been rescheduled to **Monday, February 9, 2026.**
Teacher sponsors have now been emailed the schedule, and they will relay the timeslot information to clubs and teams. Spring teams and missed clubs will be photographed on **Wednesday, March 11, 2026.**

CAPSTONE DAY FOR GRADE 11’S AND 12’S

Capstone Day is on **Thursday, Jan. 22nd** from 10am – 2:45pm.

Full-day attendance is mandatory for all grade 12 students.

Attendance is also mandatory for Grade 11 students for part of the day.

Grade 11’s with the last names A – LEE must attend from 10:30am – 12:00pm.

Grade 11’s with the last names LEF – Z must attend from 1:00pm – 2:30pm.

TIME	WHAT	WHO
10:00am - 10:25am	Attendance and opening ceremony in the large gym. Come 10 min. early to get your nametag and avoid the rush	All Grade 12s
10:30am – 12:00pm	Shift 1 - in various classrooms around the school. ½ Grade 12s present ½ Grade 12s observe ½ Grade 11s observe Observing students move room to room respectfully. Presenting students present repeatedly for 1.5 hours (once to an assessing teacher)	All Grade 12s Grade 11s (A-LEE) Grade 11s check in at front foyer
12:00pm – 12:55pm	Lunch in Devil’s Den area (students should pack a lunch) Cafeteria will be closed. Enjoy Photo booths, music, games, mascot, etc.	Grade 12s
1:00pm – 2:30pm	Shift 2 - in various classrooms around the school. ½ Grade 12s present ½ Grade 12s observe ½ Grade 11s observe Observing students move room to room respectfully. Presenting students present repeatedly for 1.5 hours (once to an assessing teacher)	All Grade 12s Grade 11s (LEF-Z) Grade 11s check in at front foyer
2:35pm – 2:45pm	Name tag return and closing ceremony in the large gym. Congratulations on completion of Capstone Day!	All Grade 12s

WINTER ESSENTIALS DRIVE PART 2

We will be holding another winter essentials drive on **Saturday January 31st 9:30-2:00** at the front of our school. We are also doing a clothing theme each week till the end of Feb.

Kindly limit clothing donations to coats, boots and warm socks thank you.

For every item you bring into the Youth Worker room, you get either ½ hour volunteer time or a chocolate bar.

January 5-9	Warm socks for adults
January 12-16	Toques for adults
January 19-23	Toiletries (lip balm, hand cream, toothpaste etc)
January 26-30	Hand warmers
February 2-6	Small box granola bars
February 9-13	4 pack juice boxes
February 16-20	Warm socks, toques or gloves
February 23-26	Warm socks, hand warmers

POST SECONDARY EVENTS

SD43 TRADES PROGRAMS OPEN HOUSE

Are you curious about the skilled trades? Want more info. about the 25+ tuition free Level 1 Trades Programs available to SD43 students?

Come to the SD43 Trades Programs Open house on **Wednesday, January 14th** 6:00pm at Terry Fox Secondary School. Get informed before course selection begins at your school. No registration required.

BCIT ACE: ESSENTIAL TECHNICAL SKILLS FOR ARCHITECTURE, CONSTRUCTION, AND ENGINEERING

This unique certificate program provides entry-level skills, knowledge, and experience to students interested in exploring careers in the design-build sector. Offered as a series of part-time courses, commencing with three in-person courses delivered on-campus in July and August, followed by 12 months of online learning concurrent with work-integrated learning and internship placements. It is designed to be completed by a cohort of up to 24 students over a 14-month period. Fully funded. [More info/ application form.](#)

Deadline is February 28.

CAREER CENTRE NEWS: OPPORTUNITIES FOR ALL STUDENTS

RISE UP VOLUNTEER & ENVIRONMENTAL STEWARDSHIP PROGRAM

Are you 15+ and interested in food, the environment, or making a real impact on your community? Through the Rise Up! Strengthening Food Systems and Environmental Stewardship program, you'll have the chance to discover and grow your passion for food systems, the planet, and your community. This **free** year-long program is organized by the Public Health Association of BC and will help you to complete 100+ volunteer hours. Applications for the Spring 2026 cohort are now accepted until all placements have been filled.

[More info.](#)

LAST CHANCE - UBC RESEARCH EXPLORATION OPPORTUNITY

During the first week of Spring break (March 16-20), high school students in grades 9-12 could experience research in UBC's laboratory. Students will tour research facilities, get introduced to lab techniques and experiments, shadow lab personnel, and attend lab meetings, seminars, and faculty presentations. This program enables students to explore the world of research, immerse themselves in scientific inquiry, and discover pathways into the field. Apply [here](#) by **January 9, 2026**.

EMILY CARR UNIVERSITY OF ARTS & DESIGN: TEEN ARTS CONTESTS

ECU is celebrating the creativity, imagination, and innovation of young artists. Teens are invited to submit individual art pieces that reflect their artistic journey. Students 13+ participate in the Junior category, students 16-18 participate in the Senior category. You can win full tuition to the summer program at the ECU Art Institute and have your artwork featured. **Apply by January 16, 2026.** [Details here.](#)

SCHOLARSHIP/AWARD/BURSARY INFORMATION

*****WATCH THIS SPACE FOR UPCOMING NEWS*****

GRADE 12 INFORMATION

CAP AND GOWNS

Grade 12's, with your parents please check SCO (School CashOnline) accounts ASAP to see if you have an outstanding Commencement item (Cap and Gown). There are still over 150 outstanding which need to be ordered by the end of January. It's important we have the proper sizes ordered for each grad. Thank you!

FRIENDSHIP PHOTO NIGHT

Artona is looking forward to seeing you for your Grad Friendship Group Sessions!

Photo Date: **Thursday, January 29, 2026**

First Appointment: 4:30 PM

Location: In the Cafeteria

Next Steps:

- artona.com/bookings Students may visit our website to book an appointment or if they would like more information on the event: [Artona Grad Groups Photos](#).

CAPSTONE SIGN UP

Sign up has begun for the **January 22nd** Capstone Presentation day.

Sign up is in room 309.

GRAD 2025 AND SENIOR GIRLS MERCH.

The 2nd order of Grad 2025 merch arrived before winter break.

If you haven't already, please come to the office to pick up your hoody.

Don't know if you ordered? Check your student email account.

If you ordered Best Senior Girls merch and haven't picked up yet, please connect with Viona K.

STUDENT PARKING UPDATE

We are now at capacity for student parking in the upper parking lot.

The upper lot is restricted for student pass holders and staff parking ONLY.

Student parking for non-pass holders is available at the Coquitlam Alliance Church, which is a short walk away at the corner of Mariner Way and Spuraway Avenue. Students are to park towards the back of the church lot.

GRAD PHOTOS

All remaining Grad photos will be taken at Artona's office or agreed upon location.

Please contact Artona directly ASAP to book. 604-872-7272 or <https://artona.com/bookings>

CLUB EVENTS

TOMORROW - BLOOD RESEARCH FOUNDATION CLUB
Come check out the bubble tea sale on **Friday, January 9th** in the front lobby.

ATHLETICS



Dr. Charles Best Secondary Athletics
Home of the Blue Devils
[@charlesbestscho](#)
[charlesbestathletics.weebly.com](#)



For secondary sport updates and information...



 **@cssaasd43**

[Follow Charles Best Athletics on Instagram here](#)

UPCOMING ATHLETIC EVENTS

DATE	TEAM	LOCATION/DETAILS
Thurs. Jan. 8 @ 5:00pm	GRADE 9 BOYS BASKETBALL	HOME game vs. Riverside
Thurs. Jan. 8 @ 6:30pm	JUNIOR BOYS BASKETBALL	HOME game vs. Riverside
Thurs. Jan. 8-Sat. Jan. 10	SENIOR GIRLS BASKETBALL	Top Ten Tournament @ GW Graham Sec.
Thurs. Jan. 8-Sat. Jan. 10	SENIOR BOYS BASKETBALL	Robert Bateman Tournament
Thurs. Jan. 22 @ 6:00pm (from Jan. 7)	JUNIOR GIRLS BASKETBALL	Rescheduled HOME game vs. PoMo Sec.

